

# SLEAP

SUPPORT & LODGINGS FOR YOUNG PEOPLE

## HELLO

Hello and welcome to the Summer edition of our newsletter, it feels like the months are flying by. Summer has arrived and we're all looking forward to our summer staycations! There's been lots going on at SLEAP over the last few months so keep reading to find out more about everything we have been up to!



## NEW WEBSITE!

Over the last few months we have been developing a new website. The website is packed full of information on things like our history and values and the ways we work with different people and organisations in the community. Head over to [www.sleap.co.uk](http://www.sleap.co.uk) to find out more about SLEAP and all the different ways you can get involved!

## COVID-19

We hope you're all staying safe and have not been driven too crazy by the lockdown! The office is still closed but staff are very much active and we have all been adapting to new ways of working for the past three months. We have lots of contact with each other on Zoom meetings, emails and phone calls. We're also in regular contact with all our young people, using WhatsApp, video calls and other social media. Houseparty has been great for playing games and having fun. The need for essentials and food parcels has more than doubled and we have delivered over 50 food parcels, using a variety of items we bought and donated items from Neighbourly.



## SAVERS

SLEAP are very grateful to Savers in Leyland, who have been collecting toiletries such as shampoo, shower gel, toothpaste, hand wash and lots more useful items for all our young people during lockdown. These items were all distributed on a weekly basis. We want to say a huge thank you for their great contribution to our local community!



## HESKETH BANK CHRISTIAN FELLOWSHIP

We're absolutely thrilled that the Church Leadership at Hesketh Bank Christian Fellowship have decided to choose SLEAP as one of two charities the church will be supporting this year. We are looking forward to seeing the partnership with them grow as we come out of lockdown.

## NEW TRUSTEE!

We're excited to announce that we have a new trustee joining us called Liz. We asked her a few questions so you can get to know her.

### **Can you tell us a little bit about yourself?**

My name is Liz and I am a Minister in training, half time in Church and half time at Northern Baptist College.

### **What do you love to do?**

I like Crochet (I've just learned) so it shows "you can teach an old dog new tricks" I also like reading, mainly historical or crime novels. I've been involved with the scouts for 22 years and enjoy camp fire songs!

### **Who or what has inspired you in life?**

My Grandma - she didn't have much but what she had, she always shared and was very appreciative of anything she had.

### **What do you like about SLEAP?**

I like SLEAP because it's not just about finding someone somewhere to live. It's also about helping them learn new skills, plan and develop as individuals.





## #THRIVING

We love receiving messages from young people that have previously been supported by us and hearing how SLEAP has helped them, so we thought we would share some of the messages with you. Enjoy!

## SUBSCRIBE TO OUR NEWSLETTER!

We'll be using Mailchimp to send all our future newsletters on so if you enjoy reading about everything that we've been up to then please subscribe.

All you need to do is visit our website and enter your email address into the subscription box at the bottom of the homepage.

## HOW CAN I GET INVOLVED?

- Become a host family.
- Befriend a young person.
- Volunteer (attending group activities, helping in the office, sharing a skill)
- Fundraise or donate.
- Provide volunteer experience for a young person in your business or company.
- If you are someone that prays then please pray for us.

## KEEP IN TOUCH

We would love to keep in touch with you!



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## THANK YOU

We hope that you've enjoyed reading about everything we have been up to recently. Thank you for your continued support.

From all the team at SLEAP.